

## Confirmation Name Form

### Choosing a Confirmation Name

As a part of your preparation to receive the Sacrament of Confirmation, you have the privilege and responsibility, just like your parents did when you were born, to choose a name.

You may use your Baptismal name, a saint's name or the name of a prophet from the Hebrew Scriptures.

There is a long, long tradition of receiving a new name at a moment of important spiritual change. There are numerous examples in the Old Testament—such as Jacob becoming Israel, as well as in the New Testament—such as Simon becoming Peter. These new names coincide with a new mission or commissioning from God.

### How do I pick a saint name for Confirmation?

- First of all, don't treat this as a box to check off and pick St. Francis just because you have a vague idea about his life. The first thing you should do is pray. Ask the Holy Spirit for guidance in choosing a saint that will be best for you.
- The second thing you should do is some research. Browse a library of patron saints online or get a good book of saints to read. You can get a comprehensive saint dictionary or a book of modern saints!
- While you are reading about the saints ask yourself why you are drawn to some more than others. Is it because they were courageous in speaking about the faith? Were they drawn to helping the poor? Did they have an occupation that you are interested in or have a family like yours?
- As you start to narrow down the saints you are interested in, think again about the reasons to choose one. Is this someone I look up to and want to emulate? Is this someone who I want to spiritually "have my back"?
- Your research may include prophets from the Bible, and you may also reflect on your own Baptismal name. Consider why your parents chose it and what it means to you personally.
- Once you have decided on your saint/prophet, see if there is a good book just about that particular saint/prophet so you can get to know her/him better. Start asking her/him for guidance and the courage to take your reception of the sacrament of Confirmation seriously.

The selection of a Confirmation name is a reflection of the way you wish to live as a disciple of Jesus and as a fully initiated Catholic.

Confirmation name you are choosing: \_\_\_\_\_

**PLEASE ATTACH A ONE PAGE ESSAY DESCRIBING  
WHY YOU CHOSE THIS PARTICULAR NAME**

< Please Sign Your Commitment Letter on the Reverse Side >

## Statement of Commitment

I, \_\_\_\_\_, understand and accept the responsibility and commitment that I am making as I receive the Sacrament of Confirmation. I understand that Confirmation is not a graduation from my faith, but rather that I am now a fully vested Catholic adult. I understand that I have a responsibility to live my life in accord with the teachings of Christ and the Church, including but not limited to, attending weekly Sunday Mass and yearly confession. I acknowledge that a failure to do so will prevent me from becoming a Godparent or Confirmation sponsor.

I affirm my desire to celebrate the Sacrament of Confirmation and to be diligent in preparing for this event.

\_\_\_\_\_  
Signature of Candidate

Date \_\_\_\_\_

